

SYSPER Post Activity - Life Declaration & Life Certificate

As a pensioner of the European institutions (except for pensioners of the European Economic and Social Committee, the European Court of Justice and the European Parliament) we are required to send a **Life declaration** (sometimes bi-annual) together with a **Life certificate at the request of the Pensions/PMO2 unit** of the European Commission. This certificate has to be duly completed and signed by an authority¹ for yourself and - as the case may be - for dependents or spouse. The Life declaration is a list of your personal data held by the European Commission. When returning the life certificate, you are supposed to check and if necessary, correct these data at the same time. **PMO informs that there will be no automatic suspension of pension payments, even if there is a delay.**

To avoid an excessive administrative burden, the PMO uses 'life indicators' that will remove this obligation, for example, for a pensioner who has submitted medical expenses or applied for prior authorization or direct billing from the JSIS.

YOU MUST THEREFORE WAIT UNTIL YOU RECEIVE A REQUEST FROM THE PMO AND SHOULD NOT SUBMIT A LIFE CERTIFICATE ON YOUR OWN INITIATIVE.

1. RECEIVING THE FORMS TO BE FILLED AND SIGNED

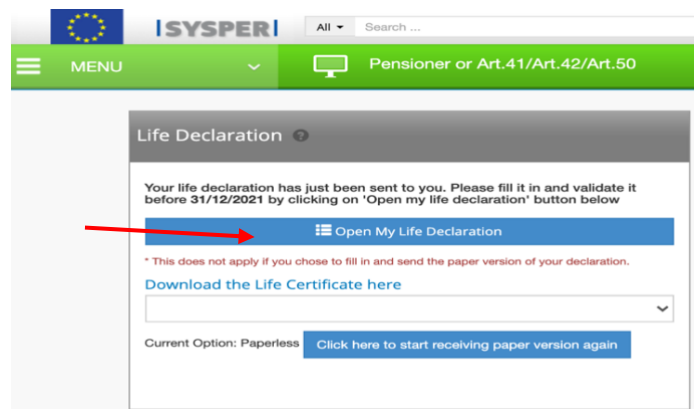
Pensioners who have little or no use of computers will continue to get the forms by post.

Pensioners who have an EU Login account will get an email informing them that the form and the certificate are available in SYSPER Post Activity.

➔ MyRemote via <https://myremote.ec.europa.eu>

➔ Choose SYSPER Post Activity

➔ Normally, as soon as you enter SYSPER you can click on "Open My Life Declaration".



⚠ **If this shortcut does not appear when you enter SYSPER, please go to item 3**

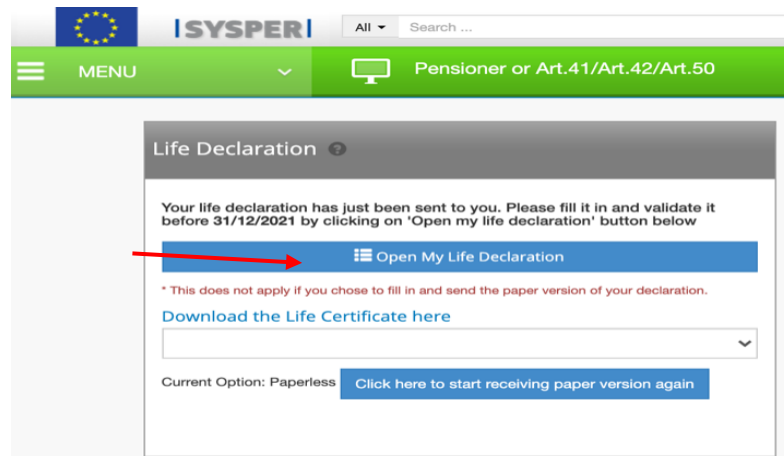
2. SENDING THE FORMS TO PMO ONCE SIGNED

A. Pensioners who have little or no knowledge of the use of computers can send the form and the certificate(s) to PMO by post.

¹ Municipal registry office, notary, doctor, consul, lawyer, judge, or any equivalent authority

However, for reasons of security and in order to facilitate the processing of the document, it is important to ask the competent authority to fill in the official certificate form sent by the Commission **with the QR code** () rather than a blank or similar form.

B. Pensioners who have an EU Login account can scan – and ideally clearly rename (Life certificate + name) - the duly completed and signed life certificate online. First connect to My Remote: <https://myremote.ec.europa.eu> and then go to the SYSPER Post Activity application. If the certificate was obtained online, a message with a shortcut will appear “Open My Life Declaration” as soon as you enter SYSPER.



⚠ If this shortcut does not appear when you enter SYSPER, please go to item 3

The following screen will appear :

Step 2 - Upload your documents

MANDATORY DOCUMENTS	ATTACHED FILES
Your life certificate completed and signed	Add document

OPTIONAL DOCUMENTS	ATTACHED FILES
Spouse life certificate completed and signed	Add document
Other supporting document	Add document
Scanned hand filled in life declaration	Add document

➔ Click on “**Add a document**” and upload the scanned certificate, which will then appear under “**Supporting documents**”. Repeat the same procedure for a dependent.

Here is an example filled in for the pensioner:

Step 2 - Upload your documents

MANDATORY DOCUMENTS	ATTACHED FILES
Your life certificate completed and signed	DECLARATION VIE MARTINE PLATTEAU GUILLAUME.pdf

OPTIONAL DOCUMENTS	ATTACHED FILES
Spouse life certificate completed and signed	
Other supporting document	
Scanned hand filled in life declaration	

Cancel Save & Go next >

BEWARE:

- ➔ If you selected the wrong document, just click on the waste bin on the righthand side.
- ➔ Do not forget – as the case may be – to add the certificates for a spouse or dependent **before** you go to the next step.
- ➔ If you received an official document without the Pensions Unit's QR code, you can send it online via SYSPER Post Activity, but normally **not** by post.
- ➔ If you have completed the Life Declaration by hand, you can scan it and add it to the **OPTIONAL DOCUMENTS** along with any other supporting documents to illustrate a change in family composition, for example.
- ➔ If everything is correct, click on "Save & Go next"
- ➔ A confirmation message will then appear: ➔ click on **CONFIRM**

CONFIRMATION

The present declaration, all collection and further processing of your personal data by the EU institutions is in accordance with Regulation (EU) 2018/1725 of the European Parliament and of the Council of 23 October 2018 on the protection of natural persons with regard to the processing of personal data by the Union institutions, bodies, offices and agencies and on the free movement of such data, and repealing Regulation (EC) No 45/2001 and Decision No 1247/2002/EC Text with EEA relevance.

By my electronic signature I declare on my honour that the information given is true and correct and that I will keep the original justifying documents in the event of a control during the 5 years.

Confirm
Cancel

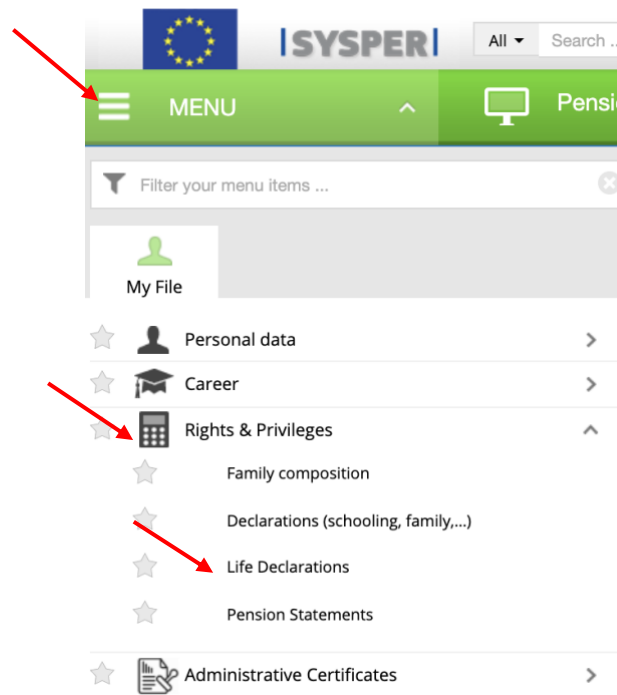
➔ A new screen will then appear **SUMMARY – My personal data**; the content reflects the Declaration (biannual or not).

➔ It is then also important to **check/complete/correct** all other information (personal details, details for a possible spouse or contact person) before clicking on ✔ Sign and submit at bottom right. If you encounter difficulties to save what you have added or corrected, try to add a comment, it may help.

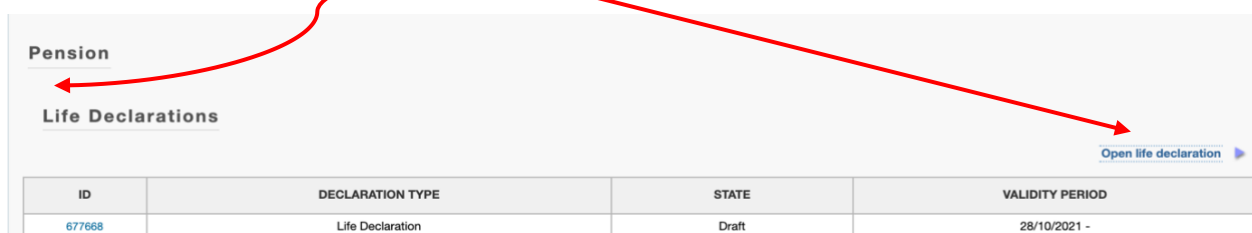
3. HOW TO REACH THE “LIFE DECLARATION” SCREEN

If the “Life Declaration” shortcut does not appear when entering SYSPER Post Activity

- ➔ In the My Remote application + SYSPER Post Activity:
- ➔ Click on the 3 horizontal bars (also called “burger”) at the top left of the screen (next to MENU)
- ➔ Scroll down and click on Rights & Privileges
- ➔ Click on « **Life declarations** »



- ➔ Scroll down in the page until you reach “Pensions” and “Life declarations”
- ➔ Click on the arrow “open life declaration” on the far right



- ➔ You will then be able to choose the language of the country you wish to use (and not necessarily your country of official residence).