

What are the principles of JSIS screening programmes

- Your participation in a screening programme is voluntary.
- Screening programmes are limited and not a substitute for treatment or follow-up provided by the healthcare providers. Screening results are preliminary and under no circumstances can be considered conclusive.
- Screening is a preventive tool. Some of the anomalies detected can only be confirmed by carrying out further detailed examinations. Conversely, certain anomalies highlighted may prove normal after further tests are carried out.
- The JSIS cannot be held responsible for complaints arising partly or wholly from your participation, including complaints relating to the results of the screening. Similarly, the JSIS may not be held liable for any problems and/or damages that you may encounter during or following the implementation of the screening programmes.
- Your participation in the screening programmes represents an implicit agreement with these principles.

Why screening programmes?

The screening allows for the early detection of typical abnormalities of certain diseases and thus allows for better care of the latter.

The JSIS offers you the opportunity to benefit from special screening programmes based on age and gender, whose medical content is based on the best scientifically recognised practices and endorsed by the institutions' medical bodies (the Interinstitutional Medical College for the medical examination and the Medical Council of JSIS for the screening).

Whom are the screening programmes for?

You can participate in screening programmes if you are covered by the JSIS on a primary or top-up basis.

However, if you benefit from top-up cover but this is not applicable to medical screening within the specific national context because you live in one of the countries listed below, you may receive direct billing (i.e. the approved centre directly invoices the JSIS). To do this, you will have to carry out your screening programme in an approved centre:

- Denmark
- Spain
- Finland
- Greece
- Hungary
- Ireland
- Italy
- Portugal
- United Kingdom
- Sweden
- The Czech Republic.

On the other hand, if complementarity is applicable to medical screening within the specific national context, you can use the approved centres in order to benefit from the agreed prices. You will have to pay the invoices and request reimbursement of the supplement from the JSIS services after the intervention of your primary fund. This additional reimbursement will be made on the basis of copies of the original documents sent to the primary scheme, together with proof of reimbursement by that fund.

What is the focus of the screening?

There are six screening programmes according to your gender/age.

Each programme includes "standard" examinations linked to your profile. These may be supplemented by optional tests (possible additions) recommended by the doctor at the time of the initial consultation.

For women

- from age 60 (every 2 years)
programme 3: [de](#) - [en](#) - [es](#) - [fr](#) - [it](#) - [nl](#) - [pt](#)

For men

- from age 60 (every 2 years),
programme 6: [de](#) - [en](#) - [es](#) - [fr](#) - [it](#) - [nl](#) - [pt](#)

How is a health screening programme carried out?

1. Initial consultation with a doctor

- Either your own doctor
- Or the doctor at the centre where the examinations are carried out
- The doctor will prescribe the examinations recommended from those proposed in the programme and advise you on optional examinations to be carried out based on family history and other risk factors. If additional examinations — not included in the programme — are proposed by the prescribing doctor, you will need to request prior authorisation from the JSIS in order to check the relevance and the reimbursement rate to be applied.

2. Performance of the prescribed examinations

- Either in an approved centre (with whom the JSIS has entered into an agreement) — i.e. with direct billing to the JSIS by the approved centre.
- Or in a non-approved centre — i.e. without direct billing: you pay the exams and submit a request for reimbursement.

3. Final consultation

- With the same doctor as for the initial consultation.
- The doctor will indicate the measures to be taken based on any anomalies detected. This consultation will enable a personalised follow-up to be set up.

The easiest choice

If you wish to benefit from a health-screening programme, without too many administrative formalities, opt for an invitation for an approved centre where you will carry out your entire programme: the initial consultation, the exams and the final consultation!

This option will allow the approved centre to invoice your programme directly to the JSIS without any further action from your side.

Note: For tests under the heading 'Possible additions' which are subject to prior authorisation and for any other test 'out of the programme' that are always subject to prior authorisation:

- Follow the usual procedure for requesting prior authorisation but include a copy of your programme duly completed by the doctor (Annex 1 of your invitation letter) and any medical evidence.
- You will have to pay for these tests
- If prior authorisation was granted, you can request reimbursement at the rate of 100 %. If prior authorisation was not granted, request a reimbursement under the normal rules of reimbursement by applying for standard reimbursement.

The JSIS is continuing its efforts to sign an agreement with as many centres as possible in as many Member States as possible.

Exceptional and temporary measure:

If you are stationed or residing in the United Kingdom or a Scandinavian country and there is not yet an agreed centre in this country and it is therefore difficult or impossible to see a doctor or follow specific tests of the screening programmes : you can always contact one of the below specialised centres and follow the programme in its entirety.

If the complete programme is not possible, you can follow the examinations which are possible, and others of similar nature which are available in that centre.

However, you must respect the original programme, which you received.

In that case, you have to settle the bill in its entirety and request reimbursement with the paper form available.

In this case and if your examinations are deemed justified by the JSIS, it will be flexible as to their reimbursement.

Specialised centres

- Denmark
FALCK HEALTHCARE MEDICINSK TEST CENTER (1264 Copenhagen)
FALCK HEALTHCARE MEDICINSK TEST CENTER (8000 Aarhus)
ALERIS-HAMLET HOSPITALS (2860 Soborg)
ALERIS-HAMLET HOSPITALS (9200 Aalborg)
THYGESEN Health (2942 Skodsborg)
- Finland
TERVEYSTALO OY HELSINKI (Turku - Tampere)
MEHILAEINEN (ALL LOCATIONS) (Helsinki - Turku - Tampere)
- Sweden
CARLANDERSKA (40545 Goeteborg)
CITYAKUTEN I PRAKTIKERTJAENST (AB 11137 Stockholm)

- United Kingdom
BUPA HEALTH CENTER (Several locations in London Austin Friars, London-King's Cross, Bristol, Glasgow, Leeds, Manchester- Whalley Range, Reading, Solihull)
ROODLANE MEDICAL LTD (Several locations in London, New Broad street, Fleet Street, Tooley Street, Canary Wharf, Glasgow).

How to benefit from a health screening programme?

Step 1: meet the conditions

1. JSIS cover

- Are your JSIS membership rights in order?
- Are you a member of the JSIS on a primary basis?
- Or affiliated on a complementary basis?

2. Periodicity

- Every two years

Step 2: Select one of the options

1. In an approved centre (with whom the JSIS has concluded an agreement)

- **Either** you complete the whole screening programme in an approved centre:
 - Initial consultation
 - All examinations prescribed under the programme
 - Final consultation.
- **Or** you ask the doctor of your choice for the initial/final consultations **and** you carry out all the examinations prescribed in your programme in an approved centre.

2. In a non-approved centre

- **Either** because it is impossible to choose an approved centre (i.e. not available in the country of posting or residence).
- **Or** because you prefer to go to a centre of your choice.

Step 3: request a letter of invitation

Even if you have already used the preventive medicine system in the past, it is important to now request a letter of invitation to the new health-screening programmes.

- you can request the invitation letter for yourself and possibly for your spouse and/or children:
 - via JSIS online;

- by clicking on the "Contact us" button on the right on this page;
- by telephone: + 32 2 295 38 66 — Monday to Friday from 9:30 to 12:30;
- - by post: European Commission — JSIS Brussels — Health Screening — 1049 Brussels.

You will receive the following documents:

1. The letter of invitation
2. A note to the doctor
3. Your gender/age screening programme; to be completed and signed by the doctor and by you during the initial consultation (Annex 1)
4. A declaration related to your participation in the screening programme (Annex 2)

Note

- Read all the documents you receive.
- The invitation letter:
 - is valid for a maximum of 18 months,
 - does not mention the name of the screening centre.
- If you are no longer covered by the JSIS when carrying out your screening programme;
 - your letter of invitation will become invalid,
 - all costs will be borne by you.
- **It is the date of the last examination carried out in the framework of your screening programme which determines the reopening of your right to, and the periodicity for, the following screening programme;**
- If the deadline for your invitation has expired (i.e. 'valid until') and you have not yet started your screening programme, it is possible to change the date of validity; have the change made for you via the department "Relations with members — JSIS Front Office": by clicking on the "Contact us" button on the right side of this page, by calling: + 32 2 295 38 66 — Monday to Friday from 9:30 to 12:30.

Step 4: Passing the tests

The tests provided for in the programme (Annex 1 to the letter of invitation) are grouped under two headings:

1. "Standard tests"
 2. "Possible additional tests" without prior authorisation
- "Possible additional tests" subject to prior authorisation (due to the frequency foreseen in our rules not being complied with). If they are prescribed:

- you will need to apply for prior authorisation from the JSIS
- they will be invoiced to you
- you will have to pay them yourself
- If you obtain authorisation, you will be able to apply for a reimbursement at the rate of 100 % via the JSIS reimbursement procedure of type "health screening programmes". If not, the costs will be reimbursed at the usual rate by applying for a normal reimbursement.

If tests, which are not part of the programme, are prescribed:

- you will need to apply for prior authorisation from the JSIS
- they will be invoiced to you
- you will have to pay them yourself
- if you obtain authorisation, you will be able to apply for reimbursement at the rate of 100 % via the JSIS "Health screening programmes" reimbursement procedure. If not, the normal rules for reimbursement will apply.

If you do not respect your appointments:

- service providers will be able to claim compensation
- this compensation allowance will not be reimbursed by the JSIS.

Note: The principle of excessive costs will apply to the fees of all medical services performed outside approved centres and/or outside the programmes.

Getting a refund

You have opted for an invitation letter with direct billing — for an approved centre — and you carried out ALL your programme in the same approved centre:

- Initial/final consultations
- Standard tests
- Any additions (which do not require prior authorisation).

You have nothing to do, all costs will be invoiced to the JSIS directly and will be covered at 100 % (= direct billing).

For tests under the heading 'Possible additions' which are subject to prior authorisation and for **any other test "out of the programme"** that are always subject to prior authorisation:

- You will have to pay for these tests
- If you have been authorised to do so, you request reimbursement at the rate of 100 %. If you have not been authorised to do so, request a reimbursement under the normal rules of reimbursement.

Note: for test not foreseen in the programmes (additional tests), the principle of excessive costs will apply to the reimbursement (100% or normal).

Do not forget to attach the following documents to the reimbursement request:

- invoices
- copy of your letter of invitation with annexes 1 and 2 completed and signed
- copy of prior authorisation if applicable

Send the documents and claim for reimbursement:

- Either via the JSIS online application: choose the type "Health screening programmes" then enter your expenses

- Or by post together with the claim for reimbursement form - "Health screening programmes" duly completed and signed - [one claim per programme and per type](#), and send all to the following address:
European Commission
JSIS — Screening programmes
1049 Brussels

You have opted for an invitation letter with direct billing — for an approved centre — and you have carried out the initial/final consultations with your doctor of choice and carried out the examinations of your programme in an approved centre.

- You will have to pay the fees for the initial/final consultations with the doctor of your choice and then apply for reimbursement.
- The costs of all examinations, which do not require prior authorisation will be invoiced directly by the centre to the JSIS.
- **For tests under the heading 'Possible additions' which are subject to prior authorisation** and for **any other examination 'out of the programme'** always subject to prior authorisation:
 - Follow the usual procedure for requesting prior authorisation but include a copy of your programme duly completed by the doctor (Annex 1 of your invitation letter) and any medical evidence.
 - You will have to pay for these tests
 - If prior authorisation has been granted, you can request reimbursement at the rate of 100 % via the "Health screening programmes" reimbursement procedure. If not, you will have to request a reimbursement under the normal rules of reimbursement by applying for standard reimbursement.

Do not forget to attach the following documents to the reimbursement request:

- doctor's bills/receipts
- invoices for the tests
- copy of your letter of invitation with annexes 1 and 2 completed and signed
- copy of the prior authorisation if applicable

Send the documents and claim for reimbursement:

- **Either** via the JSIS online application, choose the type "Health screening programmes" then enter one claim per programme, then your costs: consultations / additional tests / tests not listed but prescribed.
- **Or** by post together with the claim for reimbursement form - "Health screening programmes" duly completed and signed - [one claim per programme and per type](#), and send all to the following address:

European Commission
JSIS — Screening programmes
1049 Brussels

Note:

The 100 % reimbursement will be limited to the double ceiling of a consultation carried out by a general practitioner (considering the parity coefficient of the country where the consultation took place).

For categories of services not provided for in the programmes (additional examinations), the reimbursement (100 % or usual) will be subject to the excessive costs principle.

You have opted for an invitation letter without direct billing — for a non-approved centre

- Either because it is your personal choice
- Or because this is the only option in your country

Direct billing will not be possible

You will have to pay all the costs yourself (fees for the consultations and examinations) and then apply for a reimbursement.

Do not forget to attach the following documents to the reimbursement request:

- doctor's bills/receipts
- invoices for the tests
- copy of your letter of invitation with annexes 1 and 2 completed and signed
- copy of the prior authorisation if applicable
- **If the complementary cover applies to you:** the statement(s) of the sums received from other sources

Send the documents and claim for reimbursement:

- **Either via the JSIS online** application: choose the type "JSIS screening programme" then enter one claim per programme and enter your costs as follows:
 - Consultations (if 2 consultations: enter all of them on 1 line only, with the total amount paid)
 - Standard test (if more than one: enter all of them on 1 line only, with the total amount paid)
 - Additional tests (if more than one: enter each test, one by one on different lines, with the amount paid for each one)
 - Tests not listed but prescribed (if more than one: enter each test, one by one on different lines, with the amount paid for each one)
- **Or by post** together with the claim for reimbursement form - "Health screening programmes" duly completed and signed - [one claim per programme and per type](#) , and send all to the following address:
European Commission
JSIS — Screening programmes
1049 Brussels

Note:

- The 100 % reimbursement will be limited to the double ceiling of a consultation carried out by a general practitioner (considering the parity coefficient of the country where the consultation took place).
- For the categories of services provided for in the programmes, 100 % will be reimbursed up to the [excessive costs thresholds](#) as set out by the Central Office.
- For categories of services not provided for in the programmes (additional examinations), the reimbursement (100 % or usual) will be subject to the excessive costs principle.

Reference documentation

- [List of approved centres](#)
- Examples of documents which will be sent to you when you request an invitation:
 - For an approved centre: [de](#) – [en](#) – [es](#) – [fr](#) – [it](#) – [nl](#) – [pt](#)
 - For a non-approved centre: [de](#) – [en](#) – [es](#) – [fr](#) – [it](#) – [nl](#) – [pt](#)
- Specific claim for reimbursement for “Health screening programmes” for non-active staff members only: [en](#) – [fr](#)
- [Tables of ceilings](#) limiting excessive costs.

How to contact us

Assistance and information

Staff contact (Access on the right side of this page via the "Contact us" button)
Tel.: +32 2 29 53866 from 9h30 to 12h30

Introduce a request

- [JSIS online](#)
- Staff contact (Access on the right side of this page via the "Contact us" button)
- Tel.: +32 2 29 53866 from 9h30 to 12h30
- Postal mail
European Commission
JSIS - Health screening
1049 Brussels