

## Convalescent and post-operative care

---

Procedure to be followed, reimbursement rates and special cases

A convalescent stay is a period of recovery in a follow-up care and rehabilitation center, or a convalescent facility, where the patient continues to heal and gradually regains independence after being discharged from hospital.

This type of stay is different from hospitalization for rehabilitation or functional re-education. Rehabilitation hospitalization is a more intensive program, with clearly defined recovery goals and therapeutic objectives.

A convalescent stay, on the other hand, focuses on overall recovery, emphasizing rest and the progressive return to normal daily activities.

The JSIS covers the costs of convalescent stays and post-operative recovery stays if they begin within three months following the surgery or illness for which they were prescribed.

### **Step 1 : request prior authorisation**

Within a period of three months prior to the treatment, submit the **doctor's prescription and a medical report** detailing the necessity of the treatment into [MyPMO](#) or [JSIS online](#) along with your request for [prior authorisation](#).

If you don't have access to [MyPMO](#) or [JSIS online](#), please send all documents and the request form via the Post of drop them at the settlements office mailbox. Remember to provide the original documents but save copies at home.

### **Step 2 : claim reimbursement**

When the prior authorisation is granted, you may start the treatment. Once your treatment end, fill in a request for online [reimbursement](#) ([MyPMO](#) or [JSIS online](#)) and provide the **detailed invoice** and a **medical report** drawn after the end of the treatment by the medical practitioner from the convalescent or rehabilitation centre, the treatments should be described in details.

For a [paper reimbursement](#), fill in a [request for reimbursement](#), add the **detailed invoice** and the **medical report** and send everything in a sealed envelope marked "confidential" to your [settlements office](#).

## **Conditions for reimbursement**

Convalescent and post-operative cures qualify for reimbursement subject to prior authorisation on condition that :

- they are carried out under medical supervision in convalescent centres with an appropriate medical and paramedical infrastructure; all other types of centre are excluded
- they begin within three months of the operation or illness in respect of which they have been prescribed (see : [hospitalisation](#)) except where there is a medical contra-indication duly justified in the report accompanying the medical prescription and accepted by the Medical officer

The authorisation may be renewed in the event of a relapse or a new illness.

No authorization will be granted retroactively. The scheme will not reimburse any treatments, examinations, or consultations provided in a treatment center unless the treatment has been approved in advance.

## **Rates of reimbursement**

- accommodation costs : are reimbursed up to 80% for a maximum period of 28 days per annum, with a ceiling of €36 per day (in the case of a recognized serious illness : 100% with a ceiling of 45€ per day)
- costs of care : are reimbursed separately according to the type of care
- costs of stay for accompanying person : In exceptional circumstances, the accommodation costs of an accompanying person may be reimbursed up to 85%, with a ceiling of €40 per day, subject to presentation of a medical prescription and with prior authorisation, in the following cases :
  - for a family member staying in the same room, or within the establishment offering the cure, if the person following the cure is under the age of 14 or requires special assistance because of the nature of the condition or on other duly substantiated medical grounds,
  - for an infant being breastfed and who must accompany its mother on the cure.

In all other cases the accommodation costs of an accompanying person are not reimbursed.

## **Not reimbursable**

Travel expenses are not reimbursed.

## Legislation

- [Joint rules](#)
- [General implementing provisions \(title 2, chapter 10\)](#)
- [Opinions of the Medical Council](#)